

**Subject:** Happy winter Holidays and New Year!

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**Date:** 12/24/25, 13:33

**To:** undisclosed-recipients;

Hi Everyone,

The stream of disturbing news due to the Trump Administration's authoritarian actions isn't stopping for the holidays, though there have been a few bright spots - like the Supreme Court rejecting the deployment of National Guard troops in Illinois. In any case, we hope that whichever holidays you celebrate at this time of year (or even if you don't celebrate any but you might have a little extra down time), you find some joy and renewed spirit!

**Various actions that can be taken are below.** Remember, no one can or will do all of them, but even small actions by many add up!

Of-note this week:

- **Call/email/write Governor Lamont** in support of continued funding to Planned Parenthood in CT, in face of lobbying from religious groups who seek to end this funding.

[https://portal.ct.gov/governor/contact/email-governor-lamont?language=en\\_US](https://portal.ct.gov/governor/contact/email-governor-lamont?language=en_US)

- **Call/email/write** your federal **Congress-person and our Senators** and request that they support the **War Powers Resolutions** that would halt the Trump Administration's unauthorized military operation against Venezuela and demand a vote to prevent escalation. And, request that they also demand congressional investigations into **Pete Hegseth's alleged unlawful strikes** in the Caribbean and Pacific and public hearings on civilian deaths. **Use 5-Calls App** – it makes this easy!

- The Trump Administration is trying to end Gender-Related/Affirming care for minors, but ultimately they have their sights on ending this for adults too; they are strong-arming hospitals into stopping this care or else they will stop Medicare and Medicaid payments to those hospitals – essentially shutting down the hospitals. There is a 60-day comment period on these actions – join in efforts to **“Crush the Comments”** – dates below:



- Also, the House passed bills **banning and criminalizing healthcare for transgender Americans; call/email/write our Senators and urge them to oppose these bills** (HR3492, the “Protect Children’s Innocence Act”, and HR498, the “Do No Harm in Medicaid Act”). **Use 5-Calls App** – it makes this easy!
- A request has been put in the GNHI Discord Account under the Immigration category/Action channel for response from GNHI members who are interested in participating in a **New Haven Immigrant Coalition “Observer Training”** – please respond if you are interested - thanks!

#### Local, recurring protests to join - it's fun!

- Join **Corner Warriors** in Hamden every Sunday usually (see below<sup>\*\*\*</sup>) 11am-1pm, outside Town Memorial Hall, on the corner of Whitney and Dixwell Aves.  
*\*\*\*Please Note, from January 4<sup>th</sup> to March 29<sup>th</sup>, they will meet only one hour from 12-1pm due to the expected weather/cold.*
- Join **CT Visibility Brigade** and protest on bridges & overpasses around the area. Email the group at: [Ctvisibilitybrigade@gmail.com](mailto:Ctvisibilitybrigade@gmail.com)  
*\*\*\*NOTE: they need help on a bridge from 3-4pm before the end of the year; email for details.*
- Join regular **ProChoice protests** on Saturdays starting at 9am outside Planned Parenthood on 345 Whitney Ave. in New Haven – to counter other side’s protests
- Join **New Haven Sunday Vigil for Peace and Justice**, every Sunday (ongoing since 1999), 12-1pm, at corner Broadway, Park and Elm Streets, in New Haven. Resist this endless war and fascism now! <https://newhavensundayvigil.org>
- Join **Refuse Fascism** Mondays from 3-4pm on the *Frontage Rd. sidewalk outside the Towers East Gate*. Contact the group here: [newhaven@refusefascism.org](mailto:newhaven@refusefascism.org)

#### National Protest:

- **Women’s March, January 20<sup>th</sup>, 2pm**. “We will walk out of work, school, commerce because a Free America begins the moment we stop cooperating with fascism!” – read more at <https://www.womensmarch.com/>
- *And, Refuse Fascism continues to do “Surround the White House” protests; date of next one not known at present.*

#### Politics:

- **Call/email/write and thank Senator Chris Murphy** for being part of the “**Fight Club**” in the senate; the members are calling for Chuck Shumer to step aside.

#### Defend Democracy:

- **The “Protect the Ballot” initiative** is a national initiative being undertaken by various groups to make elections more secure in districts/states where election security is not robust. The **links to the prior webinars are below**.
  - o [Introductory Session](#), November 13
  - o [Election Myths Have Consequences](#), November 24
  - o [Voting System Heists](#), December 1
  - o December 15, link to recording not available yet.

#### Immigration:

- To **volunteer with New Haven Immigrant Coalition (NHIC)**, use their LinkTree site below

and the Volunteer button to link to their JotForm; sign-up and they will call you to discuss what level you want to be involved/volunteer:

<https://linktr.ee/NHVimmigrants>

- If you see ICE, call the NHIC's **rapid response line: 854-666-4472**. Put it in your phone contacts for quick and easy use. If you are or know someone who needs help, also use this number.
- **Call/email/write Governor Lamont** ((860) 566-4840) to support the ACLU-CT effort to protect the CT National Guard and CT citizens from the Trump Administration overreach using National Guard troops.
- **Call/email/write your State Representative/Senator** and request further legislation that ICE agents never be masked & identify their name/agency and always have a warrant, and require local police to intervene with ICE & ask for name/agency/ warrant and stop them when acting illegally.
- **Call/email/write your Mayor** and insist that local police give advance notice of ICE activity.
- Consider **giving** to groups working on immigration issues:
  - o Defending Our Neighbors Fund: <https://defendingourneighbors.org/>
  - o New Haven Immigrant Coalition: <https://linktr.ee/NHVimmigrants>
  - o United We Dream: <https://unitedwedream.org/>
- **Cancel Spotify subscription**. Spotify is running adds recruiting for ICE. We want to send Spotify a message that we won't support them while they continue to run these adds. If/when Spotify takes the adds down, people can rejoin.
  - o § Watch the step-by-step [video](#) on how to cancel.
  - o § Guides for moving playlists to [TIDAL](#) or [Apple Music](#) are available.
  - o § Indivisible also created this [FAQ](#).
- **Boycott Avelo** – try NOT to use Avelo to fly and spread the word.

#### Healthcare/Medical/Insurance:

- **Call/email/write your State representatives** and ask that they support State Senator Martin Looney's proposal that would allow small businesses, nonprofits, and individuals being priced out of the Obamacare/ACA's insurance exchanges, to join the state employee health-plan.  
<https://www.newhavenindependent.org/2025/11/18/looney-pushes-public-option/>
- The website Reproductive Freedom for All offers further actions people can take: <https://reproductivefreedomforall.org/take-action/>

#### Housing:

- **Call/write Governor Lamont** and ask him to use the surplus to cover this \$70million housing short-fall – to prevent an increase in homelessness this coming winter.

#### Food Insecurity:

- Donate to Food Banks in Connecticut: <https://www.ctfoodshare.org>
- If restaurants, cafés, etc. want to participate or if anyone has lost SNAP benefits and could use a **vouchers” to get a free meal**, they can contact **WitchBitchThrif**, 105 Whitney Ave., New Haven, CT, 203-553-5703 to find out about this program.

#### Other general ACTIONS to take:

- Download the **5 Calls** App on your phone – this makes it very easy to call your state and federal representatives on a variety of issues.
- Attend the **national Indivisible** meetings via Zoom every Thursday from 3-4pm (go to the national Indivisible website and just sign-up). There are other trainings on the site that you can attend also.
- You can check the **Take Action CT** website for more actions to take in CT: <https://www.ccag.net/take-action.html>

Science/Academia/Education:

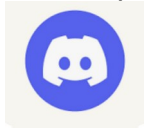
- The website Defend Public Health offers some actions people can take: <https://www.defendpublichealth.org/get-involved>
- The website for Union of Concerned Scientists offers actions people can take, including signing up for a webinar on how scientists can stand up for democracy: <https://www.ucs.org/take-action>

National initiatives: One Million Rising: If you haven't already, watch the three One Million Rising trainings; they are on the NoKings website and YouTube:

- <https://www.nokings.org/rise#library>
- <https://www.youtube.com/@onemillionrising>

And, there is much more on **GNHI's Discord Account...** This is where people can participate on-going – post, discuss, organize, plan actions. Below are the steps to get on this Discord account.

1) **Download the Discord App on your phone &/or computer:**



2) While on your phone or computer, **click on the invite link/invite below:**

<https://discord.gg/rwefJQYBd>

3) Once you are in the GNHI Discord account, start using it.

The account has multiple “categories” with “channels” for discussions, meetings, and actions. And, there is a direct messaging (DM) function to message any member or groups. It's a smorgasbord – read, post, do - as much or little as you want. Let us know if you are having difficulty doing this.

Happy winter Holidays & all the best,  
Eve